

Prayer Focus

January 2020

Week commencing January 5th

A Prayer by Lucy Soulsby:

Grant to us, O Lord, the royalty of inward happiness and the serenity which comes from living close to Thee. Daily renew in us the sense of joy and let the eternal Spirit of the Father dwell in our souls and bodies, filling every corner of our hearts with light and grace, so that, bearing about with us the infection of good courage, we may be diffusers of life and meet with all ills and cross accidents with gallant and high-hearted happiness, giving Thee thanks always for all things.

Week commencing January 12th

Loving God, help us to be Christ to all those whose lives touch ours.

May we see others as Jesus did, with eyes of compassion.

May we listen, as Jesus did, to the cries of broken hearts and a broken world. May we reach out to others, as Jesus did, with healing and hope. May we serve others, as Jesus did, with no strings attached. May we break bread with others, as Jesus did, that the hungry may be fed.

Loving God, help us to be Christ to all those whose lives touch ours.

Week commencing January 19th

God we thank you for the power of prayer, the prayer of thanks and praise and the prayers of confession and request.

May our prayer for each other bring healing of bodies, minds, hearts and relationships, healing for individuals and communities and the healing of our earth. Give us perseverance in prayer and empower our prayers with faith and understanding.

We pray especially for your guidance and strengthening for elders and ministers and all those who lead services and for your turning of those in error to the truth of your love.

Let us pray always in the power and wisdom of your Spirit through the love of Jesus Christ, your Son.

Week commencing January 26th

Come, Holy Spirit, and breathe on me. Breathe on my slow mind, that I might grasp something of the eternal truth of God. Breathe on my frozen heart, that I might feel the infinite love of God, for me – as I am – now.

Breathe on me and release me, that I might respond with the whole of my being to your love – by loving others and sharing with them the joy, the love and the peace which the Spirit has breathed into me.

Come, Holy Spirit, and breathe on me – and bring me new life in Christ.

Altrincham United Reformed Church

www.altrinchamurc.org.uk

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