

# Prayer Focus

September 2018

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*Consider these verses from the Bible and use them in your prayers this month.*

## **September 2nd to September 8th**

**Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. (James 1:17)**

In life, we experience moments of feeling on top of the world as well as periods of walking through dark valleys. Take time to remember some of the special moments in your life and give thanks for the times that brought you joy – times that helped you through pain or despair. Also remember those who shared your happiness or helped you in your need.

## **September 9th to September 15th**

**'What do you want me to do for you?' Jesus asked (Mark 10:31)**

Children find it easy to voice their simplest need without embarrassment. As we get older this process becomes more difficult. Time, thought and self-scrutiny are required to establish our real needs.

*Father, at this time in my life, you know my needs. Help me to bring them to you and develop my ability to pray.*

## **September 16th to September 22nd**

**Whatever you do, do it all for the glory of God (1 Corinthians 10:31)**

All good things we have are gifts from God. Even our faith is God's gift to us. However, God expects us to use well the gifts we have been given. Kindness, love and service are ways of using our gifts but what more is God wanting us to do?

*Lord, help me to walk forward in all that you would have me do.*

## **September 23rd to September 29th**

**Let us run with perseverance the race marked out for us.  
(Hebrews 12:1)**

The easiest step and the hardest step is the first step. We all find it hard to shrug off the hurts, slights, 'baggage of the past' but today is another day.

*Lord, help us to forgive and forget the hurts in our past. Let us look forward with optimism and be prepared to grasp life and run with it into a future where we can help ourselves and others to see the beauty of what is ahead of us.*

## **September 30th to October 6th**

**Dear children, let us not love with words or tongue but with actions and in truth. (1 John 3:18)**

Is love an emotion of the moment that is fickle – something that we fall in and out of according to our moods? God demonstrated his love for us by sending his Son to redeem us. That's no act of emotion but one that lives love. When we love God and those around us we actively demonstrate that love.

*Lord, help me to love as you do, with action as well as words.*

How many people can you show your love towards this week?

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**Altrincham United Reformed Church**

[www.altrinchamurc.org.uk](http://www.altrinchamurc.org.uk)

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